

Sexuality and Ageing Professional Learning Now Available!

Sexuality and Ageing by Family Planning Tasmania is a targeted, evidence-based relationships and sexuality education program for people working within the Community Aged Care & Residential Aged Care Sector.

This professional learning workshop will allow you as a participant to develop the tools and understandings to support consumer's rights in relation to sexual health, intimacy, consent, relationships and wellbeing. Sexuality can often be a difficult topic to discuss and it can be challenging to understand the differences between healthy and problematic expressions of sexuality. This workshop will help you to develop a supportive, safe environment for both caregivers and recipients of care. It will also give you confidence to have nuanced conversations and maintain best practice while providing care. This workshop will be facilitated by sexual health experts who have worked in the Aged Care Sector.

Focus

Our workshops give opportunities for you to share your experiences and learn from your peers in supportive and facilitated discussion. You will explore and apply workshop learning to scenario-based and real-life work situations and experiences. The workshop will also focus on Work, Health and Safety and will provide tools on how to identify inappropriate language and behaviours and how to keep yourself and others safe.

Delivery

We are now offering both community and workplace-based workshops. The workshop is 2hrs in duration.

This workshop is LGBTIQ+ inclusive and aims to help caregivers support older LGBTIQ+ people in living authentically.



Outcomes

You will receive a Certificate of Participation on completion of the workshop and real-world tools to assist you in providing compassionate and holistic care in the Aged Care Sector.

Want to know more?

More information about the Sexuality and Ageing Course is available on our website. Follow the QR code here:

