





MEDIA RELEASE 7 September, 2021

Family Planning Tasmania celebrates Jean Hailes Women's Health Week with statewide bulk billed Women's Health clinics for all women

Good health is powerful! So for this year's Women's Health Week, from 6-10 September, Family Planning Tasmania together with Jean Hailes for Women's Health together are encouraging women and girls to join the week to find the support, connection and information they need to be healthy in mind and body.

Women's Health Week is the biggest week in Australia dedicated to good health and wellbeing for women and girls, and supporting the people who care for them.

Held in the first week of September every year since 2013, the health awareness campaign is a perfect time for women to put themselves and their health first.

To help women learn more, have some fun and unlock their own powers for good health, Family Planning Tasmania has joined forces with Jean Hailes as a Community Partner for the week and is holding free Women's Health clinics in our three clinic locations on Wednesday 8th September during Women's Health Week.

EVENT DATE: Wednesday 8 September, 2021 at 9am until 5pm.

WHERE: Glenorchy – 421 Main Road, Glenorchy TAS 7010

Launceston – 269 Wellington St, Launceston TAS 7250

Burnie - 199 Mount St, Upper Burnie, TAS 7320

WHAT: Bulk billed (fee-free) appointments for women at our three clinics on 8th September. Doctors and Clinic Services Manager are available for interview and comment at our three locations as above.

WHY: Family Planning Tasmania believes in helping women in our community live happy and healthy lives, says Clinic Manager Jessica Willis.

"Women are often care takers of other people, and put other people first. We want to encourage women to take care of their health and prioritise themselves for a change. Tasmanian women **deserve** good healthcare," she says.

"We understand a huge barrier to accessing healthcare for some women can be cost, which is why we're providing these clinics at no cost to women for Women's Health Week.

"This is a chance for women to access fee-free cervical screening tests, pelvic pain, period problems, vulval and vaginal problems, menopause, post-natal checks, breast checks, fertility + prolapse and incontinence.

"Women can book on our website https://fpt.org.au/clinics/appointments/, and mention 'Women's Health Week' when they book."

For more information on Women's Health Week and to learn more about good health and wellbeing visit www.womenshealthweek.com.au.

Women's health. Powerful stuff.™

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About Jean Hailes

Jean Hailes for Women's Health is a national not-for-profit organisation. We have a unique model built on four pillars: education and knowledge exchange; clinical care; research; and policy. We aim to translate the latest scientific and medical evidence to help inspire positive change in women and girls by improving their physical health and wellbeing. Jean Hailes produces evidence-based information reviewed by clinicians. In 2016, Jean Hailes was officially recognised as the Federal Government's national digital gateway for women's health.

About Family Planning Tasmania

Family Planning Tasmania is your local expert in sexual and reproductive health.

We provide non-judgemental and caring clinical services for all, and education programs for professionals and people of all stages of life.

We are vocal advocates for sexual and reproductive health rights and community awareness.

We offer the following services:

- Clinical services
- Education
- Consultancy and advice
- Advocacy
- Health promotion
- Accurate and up-to-date information and resources

For more detailed information please review the content on this site, and <u>contact us</u> if you have any further questions.

For media

For information about Family Planning Tasmania's Women's Health clinics, contact Molly Frankham, 0420 889 669 or mfrankham@fpt.asn.au, to lock in an interview time.

Or

For more information on Jean Hailes or Women's Health Week, please contact Caroline Cottrill on caroline.cottrill@jeanhailes.org.au or email media@jeanhailes.org.au.