

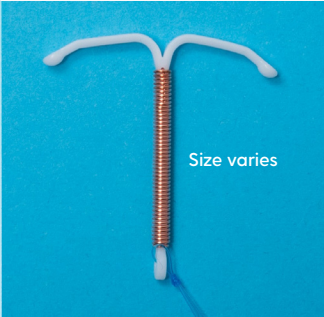


# Intrauterine Device (IUD) Comparison

	Kyleena IUD	Mirena IUD	Copper IUD
	 <p>30mm</p>	 <p>32mm</p>	 <p>Size varies</p>
<b>Benefits of this IUD</b>	<ul style="list-style-type: none"> <li>• Very reliable form of contraception.</li> <li>• Lower hormone amount than a Mirena IUD.</li> <li>• Smaller size than a Mirena IUD.</li> </ul>	<ul style="list-style-type: none"> <li>• Very reliable form of contraception.</li> <li>• Management of heavy periods - bleeding reduces on average by 85%.</li> <li>• Can be used as part of hormone therapy for menopause symptoms.</li> </ul>	<ul style="list-style-type: none"> <li>• Very reliable form of contraception.</li> <li>• Contains no hormones.</li> <li>• Form of emergency contraception if inserted up-to 5 days / 120 hours after unprotected sex.</li> </ul>
<b>How long does the IUD last?</b>	<b>5 years.</b>	<b>5 years.</b> If over 45 at time of insertion it can normally be left in until 55 years of age.	<b>5- 10 years</b> (depending on the type).
<b>How effective is the IUD at preventing pregnancy?</b>	<b>99.7%</b> For the very small number of people that get pregnant, approx. half of these pregnancies will be ectopic (outside the uterus).	<b>99.9%</b> For the very small number of people that get pregnant, approx. half of these pregnancies will be ectopic (outside the uterus).	<b>99.5%</b> For the very small number of people that get pregnant, slightly more than half of these pregnancies will be ectopic (outside the uterus).
<b>When does the IUD become effective?</b>	<b>Immediately</b> if inserted on days 1-5 of your menstrual cycle (day 1 is the first day of your period) otherwise 7 days to become effective.	<b>Immediately</b> if inserted on days 1-5 of your menstrual cycle (day 1 is the first day of your period) otherwise 7 days to become effective.	<b>Immediately</b> effective.

<b>How long does it take for fertility to return after the IUD is removed?</b>	<b>For all IUDs, fertility quickly returns to what is normal for you.</b>		
<b>Hormone amount</b>	<b>19.5mg</b> Levonogestrol per day. This is a low hormone amount.	<b>52mg</b> Levonogestrol per day. This is a low hormone amount.	<b>None</b> – hormone free.
<b>Size Difference Length</b>	30mm long – Kyleena is slightly smaller than the Mirena.	32mm long – slightly larger than the Kyleena.	Size varies with different types of Copper IUDs.
<b>What changes to menstrual bleeding patterns may occur?</b>	There can be increased bleeding and spotting days in the first six months of use. Within three years, most people have fewer than four bleeding or spotting days per month. There are slightly fewer bleeding and spotting days per month with Mirena compared to Kyleena.		Volume, pain and length of periods can all increase, especially initially.
<b>How many people's periods stop altogether?</b>	12.3% after 1 year. 23% after 5 years.	18.6% after 1 year. 30-40% after 5 years.	None.
<b>Will the IUD help reduce period pain?</b>	Reduces pain associated with periods.	Reduces pain associated with periods and pain associated with endometriosis and adenomyosis.	No.
<b>What are the hormonal side effects?</b>	<ul style="list-style-type: none"> <li>Side effects with both may include headache, breast tenderness, acne, mood changes and irregular bleeding.</li> <li>If these occur most will resolve with continued use of the IUDs.</li> <li>There isn't enough evidence yet to show whether Kyleena is associated with fewer hormonal side effects.</li> </ul>		Nil.
<b>Can I use it after I've had a baby?</b>	<ul style="list-style-type: none"> <li>All IUDs can be inserted from four weeks after you've given birth.</li> <li>All IUDs are safe to use if you are breastfeeding.</li> </ul>		
<b>Cost of the IUD device (excludes IUD insertion procedure costs)</b>	<ul style="list-style-type: none"> <li>With a Medicare Card: approx. \$40 or \$6.80 with a health care card.</li> <li>No Medicare: approximately \$170.</li> <li>Purchased from a chemist.</li> </ul>	<ul style="list-style-type: none"> <li>With a Medicare Card: approx. \$40 or \$6.80 with a health care card.</li> <li>No Medicare: approximately \$213.</li> <li>Purchased from a chemist</li> </ul>	\$100 – purchased from Family Planning Tasmania.