

18
19

www.fpt.asn.au



FAMILY PLANNING TASMANIA

Annual Report
2018–2019



Family Planning Tasmania
sexuality education & clinical services

Table of Contents



Family Planning Tasmania
sexuality education & clinical services

| | |
|---|-----------|
| Strategic Plan 2019-2022 | 3 |
| Chair & CEO's Report | 4 |
| Our Board..... | 6 |
| At a Glance..... | 7 |
| Feature – Medication Termination of Pregnancy..... | 8 |
| Clinics | 9 |
| Education & Training | 11 |
| Health Promotion & Advocacy..... | 13 |
| Resources | 15 |
| 2018 Life Member – Dr Mary Kille..... | 16 |
| Life Members..... | 17 |
| List of Acronyms | 18 |

We wish to acknowledge and thank our supporters and partners:



Strategic Plan 2019-2022

The current version of the Strategic Plan 2019-22 includes a revised Vision and Mission for the organisation, with work continuing to ensure the strategic enablers are in place to enable this change.

Our Vision

By 2023 we are the 'go to' experts and leaders
in reproductive and sexual health clinics and education services

Our Mission

We enable choices that improve the reproductive
and sexual health of the Tasmanian community
through sustainable clinical services, education and advocacy

We deliver community outcomes that

- Increase access to a full, safe and effective range of reproductive and contraceptive options
- Reduce rates of unplanned teenage pregnancy
- Reduce rates of sexually transmitted infections and increase uptake of testing
- Improved reproductive and sexual health literacy and information
- Increase access to information, education and advocacy to support respectful relationships, sexuality and reproductive and sexual health

Our delivery structure includes a focus on

Clinics

Education & Training

Health Promotion &
Advocacy

Management & Governance

Our values are demonstrated through

Excellence

Equity & Equality

Integrity

Collegiality

Our strategic enablers include

People:

- Improving service quality and efficiency by building Staff capacity
- Human resources framework that empowers and develops staff
- Organisational culture of excellence and innovation based on practice and evidence

Resources:

- Resource management strategy that supports sustainable services and builds long-term sustainability
- Information technology that supports knowledge management, research and best practice
- Brand strategy to support strategic outcomes

Services:

- Expand the reach and uptake of clinical and educational services in existing and new markets
- Community engagement through consultation, education, health promotion and advocacy
- Collaborative partnership and stakeholder approaches that achieve our strategic objectives

Chair & CEO's Report

Overview

This year Family Planning Tasmania (FPT) has operated in an increasingly complex and competitive environment. It is important that our long history remains relevant, but we also need to ensure that the organisation remains strong and is able to appropriately respond to the changing landscape.

Recognising this the Board has recently spent considerable time questioning and challenging the status quo and to identify the strategic enablers which allow FPT to achieve sustainable growth over the next three years and hopefully well beyond.

The 2019-2022 strategic plan was recently refined, and a review of the FPT brand commenced. The FPT Board commissioned research to answer the important questions of how we might better position FPT services through strategic alignment and brand. Outcomes of these large projects are likely to be achieved in the next financial year after further consultation with stakeholders and staff.

Investment in the growth of clinical services and ensuring our education services remain contemporary and relevant were two key areas of focus this year. During the year FPT:

- Delivered an operating surplus of \$80k
- Provided clinical services to 13,094 people
- Delivered age appropriate evidence based programs to 12,707 students
- Relocated our Burnie clinic to a new location
- Continued to advocate for sexual and reproductive rights particularly access to Termination of Pregnancy and support
- Shortly after the end of the financial year \$50k of the Family Planning Welfare Association Loan was repaid



Family Planning Tasmania

sexuality education & clinical services

Services

This year saw significant growth in delivering professional learning to health professionals, educators, parents, and other staff throughout agencies in Tasmania. We have also seen a dramatic increase in demand for tailored education or intervention sessions for people with additional needs.

FPT also further enhanced its position as experts and leaders in the sexual and reproductive health space, including submissions to the National Women's Health Strategy and the National Men's Health Strategy. The CEO has represented FPT on a number of sexual and reproductive health matters locally and nationally as Deputy Chair of Family Planning Alliance Australia (FPAA). Our Medical Director remains an active member of the Medical Advisory Committee of FPAA and the national faculty special interest group of the RACGP in sexual medicine.

FPT continues to be a respected voice for women on Termination of Pregnancy (ToP). Interim research findings from research partner University of Tasmania on ToP were presented to the new Health Minister. The research shows that there is more work to do with General Practitioners in Tasmania to ensure improved knowledge and support for ToP in Tasmania. Our clinical team have demonstrated leadership by developing partnerships with the medical community and service providers to improve necessary education and support.

During the year we maintained close working relationships with 'prescribed providers' as defined in the Reproductive Health (Access to Terminations) Act 2013 and played a significant role in advocating ToP health rights with Government and the media. We remain proud of our self-funded Medication Termination of Pregnancy service which showcases our commitment to, and leadership in the area of sexual and reproductive health rights. We also delivered on a range of health literacy initiatives to ensure the Tasmanian community can access and understand necessary information that enable better health and relationships.

Resources

FPT continues to operate from a sound financial position. The Board approved investment for activities to critically appraise and analyse our service offerings in accordance with the strategic plan. This includes earmarking funds to support brand and marketing activities; appraisal of clinic activities to expand service offerings; investments in technology; and investment in key staffing positions. The Board have considered location as a strategic enabler for the future of our services. The move to new premises in Burnie provides better facilities for our clients and staff, and more capacity for the growth of our services in an area of high need.

We value our partnerships with Government and agencies that leverage our physical, financial and people resources for community benefit. FPT was a key collaborator in working groups, for example, the Tasmanian Sexual and Reproductive Health Collaborative Group, and we remain thankful to the Department of Health for our service funding which is renewed for three years from July 2019 to June 2022.

People

Staff have been supported to remain leaders in their fields, with a significant investment in connecting staff across the state through statewide meetings and professional development that sharpen our expertise and service offerings. This knowledge has positively impacted the wider community, through continuation and expansion of FPTs excellent service record in sexual and reproductive health care and education.

The FPT Board and management team have been particularly busy in revisiting our strategic plan with a specific emphasis on brand, service expansion and sustainability. We thank all staff, management and the Board for their ongoing commitment to FPT organisational values and for their diligence in delivering quality sexual and reproductive health care, education and advocacy for the Tasmanian community.

Nick Abbott
Board Chairperson

Cedric Manen
CEO

Our Board

Nick Abbott (Chair)

Nick joined the Board in 2011. He is General Manager of Page Seager Lawyers and has a strong background in finance, risk management and governance. Nick's previous experience is as Chief Financial Officer and Company Secretary of a Tasmanian ASX company. Nick is a graduate of the Australian Institute of Company Directors and a member of Chartered Accountants Australia and New Zealand. Nick is a member of the Education, Training and Health Promotion committee.

Pauline Camm (Deputy Chair)

Pauline joined the Board in 2011 and is Chair of the Remuneration and Nomination Committee. Pauline has her own company in the area of strategic people management and has wide-ranging consulting and teaching experience across a range of sectors and age groups.

Colin Allen (Deputy Chair)

Colin joined the Board in 2012 and is Chair of the Finance, Audit & Risk Management Committee. Colin is founding director of his own company established in 1999 providing consulting services in business development, encompassing strategic development, marketing, operations, governance, finances and risk. He has a Bachelor of Business (B.Bus), is a Fellow of the Australian Institute of Company Directors (FAICD) and Member of the Institute of Management Consultants (MIMC) and the Institute of Managers and Leaders (IML).

Brent Feike

Brent joined the Board in 2016 and is a member of the Finance, Audit & Risk Management Committee. Brent is currently the Chief Information Officer at the Department of Justice and has extensive experience in information systems development, information and communications technology, infrastructure and project and knowledge management. Brent has previously held the position of Director Information Systems at the Department of Treasury and Finance.

Kathryn Hansson

Kathryn joined the Board in 2015 and is currently the Chair of the Education, Training and Health Promotion committee and a member of the Finance, Audit & Risk Management committee. She is the Leader of Technical Capability at TasNetworks with extensive experience in vocational education and training and project and business management. Kathryn has also established and operated two successful small businesses and holds a Masters of Marketing.

Five
committees

Five years
average
service

Bernadette Jago

Bernadette joined the Board in 2015 and is a member of the Remuneration & Nomination Committee. She brings with her a wealth of board and senior level experience, having worked in the public and private sectors both nationally and internationally. Bernadette's other relevant experience relates to her roles in senior ministerial posts in Tasmania, boards and national reference groups.

Joe Mullavey

Joe joined the Board in 2014. He is currently on the Finance, Audit & Risk Management Committee and is a member of the Medical Advisory Group. Joe is a solicitor at Page Seager Lawyers. He was admitted as a legal practitioner in 2008 and practices primarily in dispute resolution with a focus on disputes concerning construction and infrastructure projects.

Lea Symonds

Lea joined the Board in 2012, is Chair of the Brand and Marketing Committee, and a member of two other Committees. Lea has held senior roles in education and in the corporate sector with large financial institutions and specialist financial advisory services where she worked closely with RACGP, the AMA and the Association of Practice Managers. She recently retired as Australia-Pacific Chief Executive Officer of a global consulting company. Lea specialises in human resources and organisational development and also volunteers at Risdon Prison.

Craig White

Craig joined the Board in 2017 after retiring from a career in public health and health service management; including CEO of the Royal Hobart Hospital; Chief Health Officer and Chief Medical Officer. He is a graduate of the Australian Institute of Company Directors and has a Masters of Business as well as his medical qualification.

Kate Wilde

Kate joined the Board in 2017 and is a member of the Medical Advisory Group (MAG). She works as a midwife/nurse in remote Aboriginal communities as well as at the Royal Hobart Hospital. She has worked as a sexual and reproductive health nurse both overseas (Niger, Bangladesh and Kiribati) as well as locally (Family Planning Tasmania, headspace). Kate holds a Masters in Public Health as well as qualifications in International Development, Nursing, Midwifery and Child and Family Health. Kate's interests lie in travelling and observing and learning about cultures different from her own. She volunteers with Australian Red Cross.

At a Glance

This year, FPT commenced a brand review project, and realigned the strategic plan to ensure relevance for the Tasmanian community now and into the future.



12,707 students

accessed our education programs



of our clinic clients hold a concession card

72 staff



throughout the year



1,330

placement / supervision hours provided to upskill health professionals



13,094

clinic visits

\$40,000

received from the Department of Health for Pregnancy Choices Health Promotion



59%

of consultations with our doctors were over 20 minutes

42%

of our clients are youth



364

people with additional needs accessed one-to-one educative and therapeutic support



Family Planning Tasmania 2018 - 2019

Feature – Medication Termination of Pregnancy

Last year, FPT developed and rolled out the Medication Termination of Pregnancy (MTOP) service across all three sites.

The service began in late July 2018. By early October this year, 230 women had accessed MTOP through FPT, 156 of those through the Launceston clinic.

The relatively high numbers for the Launceston clinic reflect the disparity in access to termination of pregnancy around the State.

The MTOP service set out to achieve three main aims:

1. Support women by reducing as many access barriers as possible

This was achieved by developing a system which facilitated direct interaction between FPT and external pathology and imaging providers. This helped us to ensure that women who have MTOP through FPT are treated in a respectful, supportive, nonjudgmental fashion and that they have timely access to affordable investigations.

2. Provide a supportive model of care

The feedback from our patients who have accessed MTOP through FPT has been overwhelmingly positive, with patients reporting feeling cared for and supported. Feedback received includes:

"Very positive, Can't thank everyone enough for their understanding and support."

"Appreciated knowing what could happen and having realistic expectations."

"Found this TOP much easier to manage than the last one. Pain was better managed, and I loved all the information given."

"I felt very judged by the (non FPT) GP, but as soon as I got to FPT I felt not judged and supported."

3. Increase follow up rates post-TOP in order to increase access to effective contraception

Without effective contraception, a woman has a 1 in 7 chance of a further unplanned pregnancy in the year following a termination.

Achieving good rates of follow up has, as expected, proved to be a challenge and has necessitated trialing different models of follow up. Our new model of nurse-led phone call follow up is proving the most effective.

While the Long Acting Reversible Contraceptive (LARC) rate for reproductive age women in Australia is around 11%, the insertion rate post-MTOP at FPT continues to be above 30%, which is a statistic that we can be very proud of.

MTOP today

Community demand for MTOP remains higher than FPT is able to meet but barriers exist for GPs who want to provide MTOP; our own research shows they are uncertain of termination pathways and feel unsupported in providing the service to their patients.

To address this, FPT is working with Primary Health Tasmania, RACGP and other organisations to support GPs. This involves improving access to current and accurate information on how to access TOP for their patients, as well as encouraging GPs to become MTOP providers.

Overall, it is pleasing to see that FPT is now regarded as a key stakeholder in MTOP provision, education and support to both women and their clinicians. This is largely due to the relationships developed with stakeholders during development and roll out of the MTOP service.

Sue Mallett

FPT Medical Director

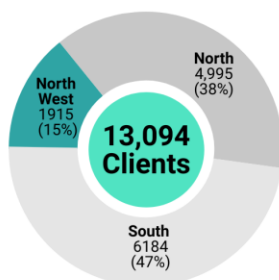
Clinics

Client services

5% increase in client numbers from 2017/18



to



Priority populations

59% Low socio-economic areas
43% Youth
39% Concession card
11% Overseas born
8% Aboriginal

Top 3 reasons for clinic visits

33% Contraception



19% Gynaecology



19% STI-related



For gynaecology services, the main reasons clients saw us were:

- 16% for pregnancy testing or pregnancy counselling
- 15% for abnormal bleeding
- 11% for menopause related matters
- 11% for review of testing results

Professional Education and Training

We have enhanced the capacity of health professionals to deliver high quality Sexual and Reproductive Health services to the Tasmanian community through activities such as:

- General practice training for 5 Year 3 extended skills Registrar placements
- Practical training and assessment for Doctors as part of the FPAA National Certificate in SRH
- Implanon training for 40 Tasmanian health professionals
- IUD training for 12 doctors.
- Sexual and Reproductive Health Training for international medical graduates via a one day workshop in partnership with HR PLUS
- General practice MTOP education events

Client feedback

Our clients can now provide FPT with feedback through an SMS that is sent to them after their appointment. There are specific questions to answer and the option of providing free text comments.

This feedback is site specific and allows FPT to evaluate services and client satisfaction.



"The information provided was appropriate and easy to understand"



"I was treated with respect in a non-judgemental, professional manner"



"I would recommend FPT to others"

"The Doctors & Nurses definitely make you feel comfortable enough to talk about sensitive issues. The consults are always informative, and I leave the clinic feeling reassured, and welcome enough to return."

- Clinic Client

Medical Director

FPT's Medical Director continued to:

- Collaborate closely with interstate Family Planning counterparts to ensure all FPT clinics provide appropriate, up to date, evidence based standardised care, and that clinicians remain abreast of current and emerging trends in SRH
- Work closely with RACGP through membership of NFSI (National Family Planning Special Interest) group in sexual medicine
- Maintain close working relationships with Primary Health Tasmania, Women's Health Tasmania, HR Plus, GPTT and UTAS
- Develop relationships with Public hospitals and private providers to improve patient outcomes and work collaboratively on providing new health care services

Location as a strategic enabler

On the 20th of May 2019 the Burnie clinic moved from Pine Ave to Mount Street, Upper Burnie.

This new facility provides increased capacity for expansion of services.



Pessary Service

FPT now deliver a continence and pessary service to support women who would otherwise face long waits in the public system or expensive visits to the Gynaecologist.

Our doctors are trained in pessary insertion and work with women to increase their capacity to manage pelvic floor problems without the need for resorting to surgery.

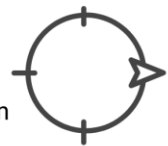
FPT's commitment to research

FPT is taking part in the Compass Trial which aims to find effective strategies for optimising cervical screening in women who have been offered HPV vaccination.

The Trial is the largest clinical trial to be conducted in Australia.

"By ensuring the most effective screening method using the HPV test, the Compass Trial will help drive the best direction of how we screen and prevent cervical cancer."

- Dr Sue Mallett, FPT Medical Director



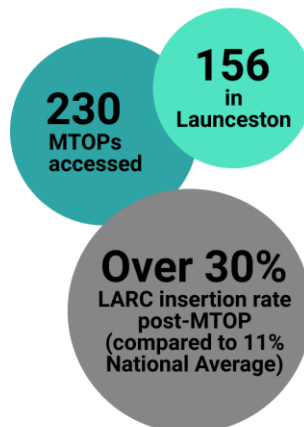
Medication Termination of Pregnancy

"FPT Clinics have led the way in developing and providing a safe, supportive and effective medication termination of pregnancy service."

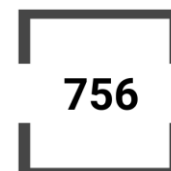
Despite the challenges of setting up the service, the clinic staff have embraced the goal of providing the best MTOP service possible."

We are very proud to work with such a committed professional workforce."

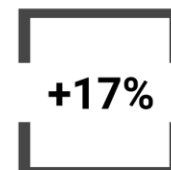
- Clinical Management Team



Improving Access to Long Acting Reversible Contraception (LARC)



756 IUDs were inserted between 1 July 2018 and 30 June 2019.



This is a 17% increase on the 646 inserted last year.

Outreach Clinics



During 2018-2019 FPT continued to provide clinical outreach services in partnership with organisations to meet the needs of our priority populations. Some of our services included:

- Doctor clinic at Mary Hutchison Women's Prison.
- Doctor clinics run cooperatively with Pulse Youth Health Service, focusing on young people.
- Nurse clinics were conducted at South East Tasmanian Aboriginal Corporation (SETAC) and Circular Head Aboriginal Corporation (CHAC)
- Well Women's Clinics in regional areas like Flinders Island and Campbelltown

Education & Training

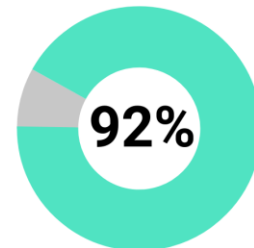
Growing Up Program



We delivered GUP to 11,531 students this year.

The Growing Up Program is our evidence based primary school program.

It aligns with the Australian Curriculum and the Department of Education's Respectful Schools framework.



92% of teachers agree that GUP increased student knowledge 'a lot' or 'quite a lot'

"This is an important program that has been well delivered."

It is wonderful to have a well trained, professional expert to deliver such important information."

- Teacher

"I now know I don't have to be scared when it happens to me because I know how to use things and who to ask. I wish we had more lessons."

- GUP Student

People with additional needs



FPT provided 384 individual education or intervention sessions for people with additional needs this year.

These sessions address a broad range of respectful relationships and reproductive and sexual health topics, and are always tailored to the needs of the client.

Requests and referrals come from a wide range of services, including the Tasmanian Health Service, the Guardianship Board, the Department of Justice, schools, parents, and disability services.

Service Development

The Sexuality and Ageing professional learning program has been substantially updated to reflect current research and aged care standards.

Secondary school relationships and sexuality education (RSE) lessons have been packaged into a suite of 11 modules.



One Educator has been upskilled to deliver the Growing Up Program in the North West region.

One Educator has been upskilled to address the continued need for 1:1 additional needs and disability education and interventions. This has given FPT the opportunity to offer this service Statewide.

All Educators have been trained in delivery of the new Secondary and College RSE Modules. The modules have been designed to complement the 2020 focus of the Student Health and Wellbeing Strategy

1,176

Secondary and College students participated in our Relationships and Sexuality Education

SoSAFE! Professional Learning

74

SoSAFE! has been delivered to 74 people this year, including family members, teachers, teacher assistants, disability support workers, psychologists and social workers.

SoSAFE! promotes social safety for people with moderate to severe intellectual disability or Autism Spectrum Disorder.

The program uses a standardised framework of concepts, symbols and visual lesson materials to teach the type and degree of communicative and physical intimacy appropriate with different groups of people in an individual's life.

The program also teaches strategies for moving into intimate relationships in a safe and measured manner.



100

100% of participants agreed our SoSAFE! professional learning program increased their skills and strategies for promoting social and sexual safety for people with an intellectual disability.

Professional Learning

20

Department of Education School Nurses trained in Relationships and Sexuality Education.

34

Early Learning Educators trained in Ages and Stages Childhood Social and Sexual Development.



Support for LGBTIQ young people in Relationships and Sexuality Education

This year, FPT submitted a resource to the DoE for consideration.

The resource supplemented Health and Physical Education teachers' approach to sensitive issues such as gender in school environments.

This was a collaboration with Working It Out, with the support of a DPaC grant.

Working with purpose

"I love my job because I passionately believe in the social justice principle of 'Knowledge is Power'."

"Empowering young people to take control of their sexual and reproductive health is a privilege not afforded to everyone."

- FPT Educator

"There has continued to be a high level of need for one-to-one and small group therapeutic and intervention services to support people, including children, who have additional needs or are living with a disability.

There has also continued to be a high level of demand by professionals and families for advice and consultancy services."

- FPT CEO

High Quality, Evidence-based and Accessible

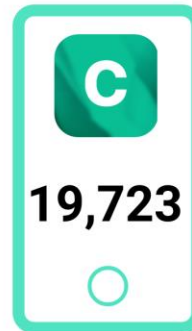
Health Promotion & Advocacy

LARC4U and MyChoice

The LARC4U project was successfully completed this year, and delivered on its goals of increasing community knowledge, health literacy and access to Long Acting Reversible Contraception.



Following on from the LARC4U project, the My Choice app was made available on Google Play and the iTunes store from 7 January 2019, and was formally launched at statewide events on National Condom Day, 14 February 2019.



My Choice has been used 19,723 times.

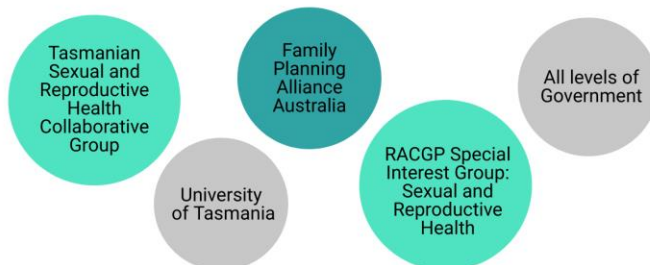
580 users have downloaded the My Choice App since the launch.

8244 resources have been distributed as part of these campaigns.


686 young people and 109 community members have been reached through LARC4U and My Choice activities.

Relationships and Networks

Our extensive networks and active membership on a range of working groups and committees has enabled Family Planning Tasmania to contribute to policy and research at a state and national level in relation to sexual and reproductive health for all of our priority populations.



 16 Partnerships, Committees and Advisory Bodies

 Activities with 50 key organisations

Low literacy

Significant work has been undertaken to revise and review FPT health information regarding contraceptive options and pregnancy choices.



This information is available in our clinics and on the FPT website and has been developed with a low literacy focus to be more accessible to as many people as possible.



Research

FPT partnered with UTAS to investigate from the perspective of general practitioners in Tasmania, issues regarding management and access to TOP for Tasmanian women. We aimed to determine:

- The knowledge and beliefs of Tasmanian general practitioners regarding accessibility of TOP services to Tasmanian women
- The barriers and enablers to providing TOP services to Tasmanian women

National Condom Day - 14 February

Three major health promotion events were held to promote National Condom Day and to launch My Choice in the North West region. Venues included Hellyer College, Don College and Youth and Family Connections in Burnie.

Health promotion events were also held at Brooks High School, Ogilvy High School, and Glenorchy City Council.

Access to Termination of Pregnancy

FPT has worked with prescribed providers under the Reproductive Health (access to terminations) Act 2013 to improve access to termination of pregnancy in Tasmania.

This has involved working with all sides of government to develop service pathways for this important health right for women.

There have been many media representations in the past year, and FPT is a trusted source of information given our work on Medication Termination of Pregnancy (MTOP)

Hobart City Council International Students Project

The aim of the project was to provide targeted sexual and reproductive health workshops and online resources to:

- Improve the health literacy of international students.
- Develop the capacity of UTAS international student advisors to provide support and advice on referral pathways.

FPT utilised a small consultative group, comprising representatives from The Link, Pulse Youth Health and the Tasmanian Sexual Health Service, to provide expert perspectives and feedback for an online resource for international students.

International student advisors were also consulted to ensure that the content was relevant and appropriate to the needs of international students, as well as being accessible to people whose first language is other than English.



We created an online resource:
www.fpt.asn.au/international-students



UTAS International Student Advisors at the University of Tasmania were trained.

"My knowledge has been improved regarding STI's contraception and pregnancy options for international students." - Workshop Participant



Condoms Free 4U

Family Planning Tasmania's Condoms Free4U program continued to assist in preventing unplanned pregnancies by increasing young and rural and remote people's access to condoms and lubricants. 41% of the packs distributed went to clients from rural areas.



Clients text the Condoms Free4U number



Condoms and lubricant are mailed out for free



Improved outcomes for priority populations



10% increase in page followers in 2018-2019

This year, FPT submitted a resource to the DoE for consideration.

The resource supplemented HPE teachers' approach to sensitive issues such as gender in school environments.

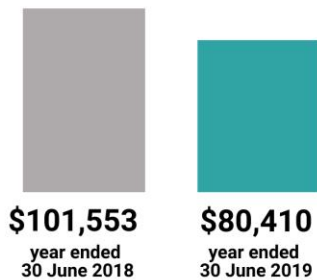
This was a collaboration with Working It Out, with the support of a DPAC grant.



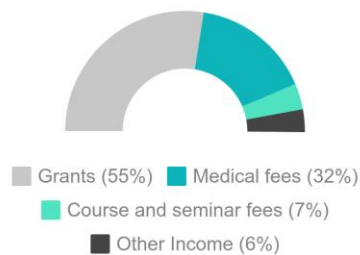
This year, FPT made submissions to the Jean Hailes National Consultation on Women's Health, and the Andrology Australia National Consultation on Men's Health.

Resources

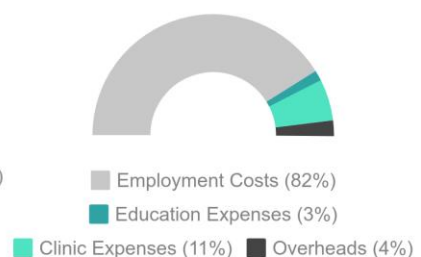
Operating Surplus



Income Sources



Major Expenses



In the last 5 years

↑20%
Total Income

↑49%
Education Fees-for-service

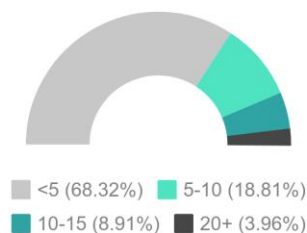
↑53%
Clinic Fees-for-service

In 2018-19 grant funding constituted 55% of total income, and self-generated funding 45%

FPT employed 72 staff during 2018-19



Years of Service



FPT staff have a total of **252** years service with the organisation.

The average length of service with us is just over **4.6** years.

Employment Costs



Our total equity is positive and we continue to invest in staff and necessary infrastructure.

2018 Life Member – Dr Mary Kille

Dr Mary Kille became a member of Family Planning Tasmania (FPT) in 1974 and worked with the organisation from 1976 until her retirement in 1996. Mary has continued to be an active member of FPT since her retirement, an association of 44 years.

Mary was instrumental in establishing the presence of FPT in North-West Tasmania. She commenced a Family Planning Clinic at the North West General Hospital, and during her 20 years of service with FPT led the development of sexual and reproductive health services in the region.

Mary developed her lifelong interest in and commitment to family planning in the United Kingdom in the 1960s. She brought this with her to Tasmania, and in her time at FPT she ensured that the best possible access and appropriate care for clients was achieved through good clinical practice.

Mary's deep commitment to social justice and accessibility saw her tirelessly advocate for improved access to family planning services in Tasmania. She made a personal submission to the 1974 Royal Commission on Human Relationships and in the late 1970s she provided outreach clinics to the West Coast when local doctors would not provide women with contraception. In the late 1980s Mary also ran pilot programmes for rural women in Tasmania to improve access to cervical and breast screening services.

As an Accredited Instructing Doctor, Mary provided training, seminars and courses to FPT staff and the broader medical community, including implementing self and peer assessment for FPT doctors. Mary also ensured that she continued to develop her own expertise and the expertise of others through her ongoing involvement with the Biological Sciences Committee of the Association of FPAs of Australia.

Mary served on the Council of FPA Tasmania from 1977-1980, contributing to the vision and strategic direction of the organisation at a time when it was seeking to establish itself and overcome opposition from some sections of the community.

Mary served thousands of clients during her tenure with FPT. As a strong advocate for FPT and its clients, Mary demonstrated the organisation's core values such as equity and equality, excellence, integrity and collegiality.

Mary's strong work ethic and commitment is evident in the loyalty she has demonstrated to the organisation through her lengthy service. Mary also consistently used her position to inspire and lead FPT staff and passionately promote sexual and reproductive rights in the broader community.



Life Members

| | |
|-----------------------------|------|
| Jean Perkins | 1975 |
| Dr Valerie Davenport | 1979 |
| Prof Colin Wendell-Smith AO | 1981 |
| Sue Williams | 1982 |
| Dr Eric Cunningham-Dax | 1985 |
| Pat Hewitt/Mavromatis | 1985 |
| Jill Roberts | 1986 |
| Topsy Evans | 1989 |
| Jean Hearn | 1992 |
| Dr Helen Cutts | 1993 |
| Helen Fotheringham | 1994 |
| Jan von See | 1995 |
| Nancy Jiracek | 1996 |
| Dr Graham Riddoch | 1996 |
| Jo Crothers | 1996 |

| | |
|------------------------|------|
| Prue Lake | 1997 |
| Nick Toonen OAM | 2000 |
| Margot Kingston | 2002 |
| Dr Pauline Carruthers | 2002 |
| Paul Duncombe | 2004 |
| Helen Bird | 2006 |
| Esme Murphy | 2010 |
| Dr Christine Bush | 2012 |
| Virginia Thorold-Smith | 2012 |
| Joan Dolbey | 2013 |
| Professor Ian Lewis AO | 2014 |
| Julie Downie | 2015 |
| Liz Ling | 2016 |
| Dr Claire Roberts | 2017 |
| Dr Mary Kille | 2018 |

List of Acronyms

| Acronym | Explanation |
|--------------|--|
| CALD | Culturally and Linguistically Diverse |
| CEO | Chief Executive Officer |
| CMT | Clinical Management Team |
| DOE | Department of Education |
| DOH | Department of Health |
| ETHP | Education, Training and Health Promotion |
| FPAA | Family Planning Alliance Australia |
| FPT | Family Planning Tasmania |
| GP | General Practitioner |
| IUD | Intrauterine Device, e.g. Mirena, copper intrauterine device |
| LARC | Long-Acting Reversible Contraception |
| MAG | Medical Advisory Group |
| MCS | Manager Clinical Services |
| MD | Medical Director |
| MToP | Medication Termination of Pregnancy |
| ODOO | FPT electronic data capture system |
| RACGP | The Royal Australian College of General Practitioners |
| RSE | Relationships and Sexuality Education |
| SETAC | South East Tasmanian Aboriginal Corporation |
| SEIFA | Socio-Economic Indexes for Areas |
| SToP | Surgical Termination of Pregnancy |
| ToP | Termination of Pregnancy |
| UTAS | University of Tasmania |

Glenorchy

421 Main Road
Glenorchy TAS 7010

Tel: 03 6273 9117
Fax: 03 6273 9203
Email: info@fpt.asn.au

Launceston

269 Wellington Street
Launceston TAS 7250

Tel: 03 6343 4566
Fax: 03 6343 6766
Email: lton@fpt.asn.au

Burnie

199 Mount Street
Upper Burnie TAS 7320

Postal address:
PO Box U43
Upper Burnie TAS 7320

Tel: 03 6431 7692
Fax: 03 6431 6743
Email: burnie@fpt.asn.au

Annual Report 2018–2019



Family Planning Tasmania
sexuality education & clinical services

The State's leader in reproductive & sexual health

www.fpt.asn.au