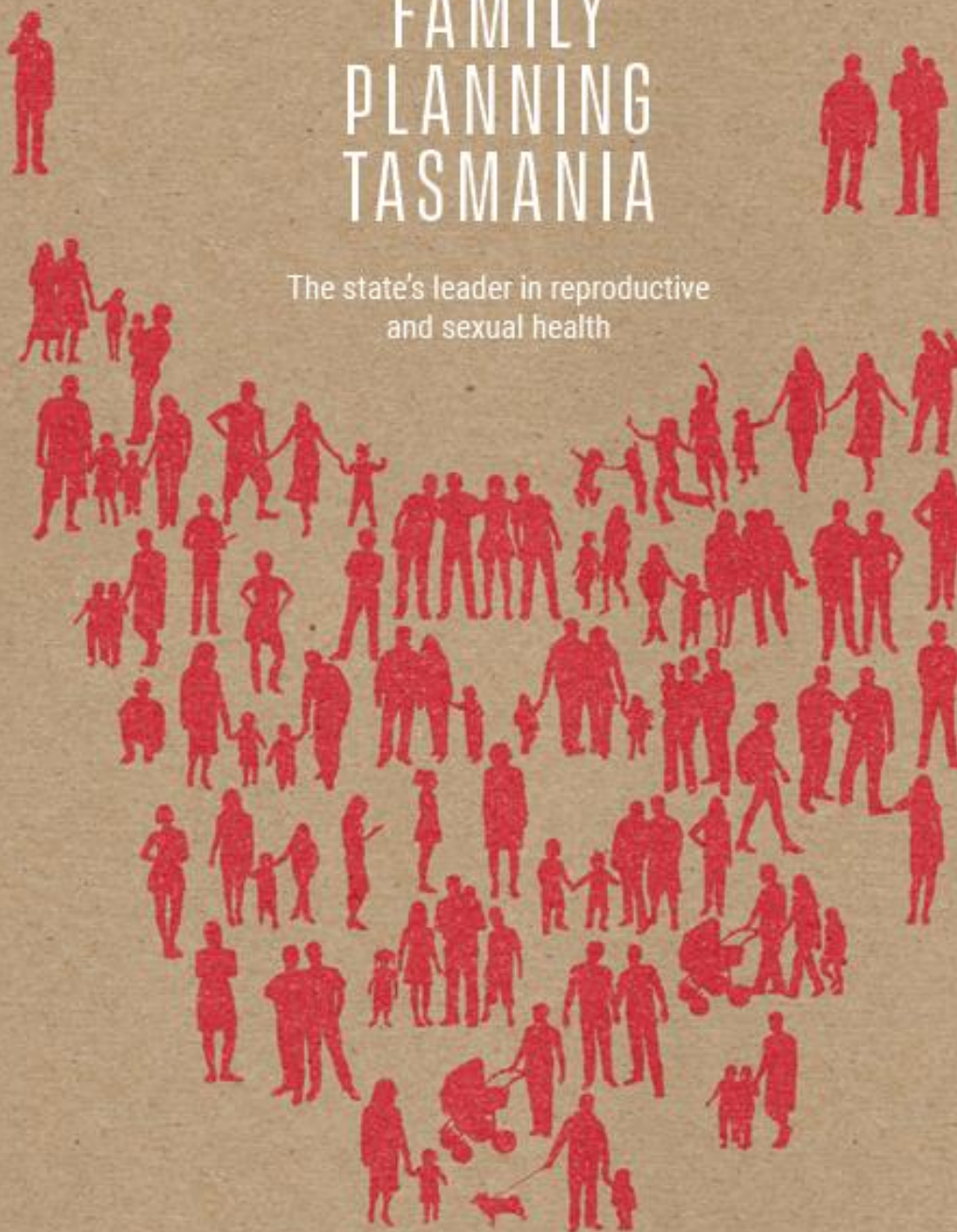


# FAMILY PLANNING TASMANIA

The state's leader in reproductive  
and sexual health



## ANNUAL REPORT 2016-17

[WWW.FPT.ASN.AU](http://WWW.FPT.ASN.AU)



Family Planning Tasmania  
sexuality education & clinical services

The images on the front and back covers and throughout this report demonstrate our commitment to working with young Tasmanians. In the digital age young people have a strong connection to visual images and emoticons. Visual images also play a critical role in health literacy to ensure key messages are relayed to Tasmanian's that need our support.

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We wish to acknowledge and thank our supporters and partners:



City of HOBART



# Chair's Report

*Family Planning Tasmania (FPT) continued in 2016-17 to deliver on a range of initiatives outlined in our Strategic Plan, through the further realisation of education, clinical services and programs that support Tasmanians. These services and programs were once again delivered by our committed Staff whose expertise makes a real impact on the lives of so many Tasmanians.*

Notable achievements during 2016-2017 include:

- Delivering an operating surplus of \$64,066;
- Providing nearly 12,000 occasions of service at our clinics;
- The delivery of age-appropriate education with approximately 16,000 primary, secondary and college students;
- Supporting a range of health outcomes through the *FPT Health Promotion Framework* and advocacy with Government in areas of high community need; and
- Continued investment in FPT's *Human Resources Framework* to ensure Staff can share best practice in sexual and reproductive health with each other and the Tasmanian community.

We have improved organisational reach and capacity through a range of strategic and operational initiatives including:

- Developing FPT's *Research Framework* and *Clinical Governance Framework* which consolidates and builds upon FPT's existing education and clinical expertise, and creates important community partnerships;
- Investing in FPT's information technology with a new telephone system and better data and IT systems that align with FPT's *Research Framework*;
- Renegotiating the rollover of FPT's *Enterprise Agreement* for another year with significant improvement in the areas of Staff engagement and feedback; and
- Approving a \$50,000 principal repayment of the Family Planning Welfare Association loan, with payment made shortly after the end of the financial year.

The Board continued to be very active during the year, particularly through the use of a number of Board Committees. For example:

- The Finance, Audit and Risk Management Committee worked with the Management Team in reviewing FPT's *Risk Management Framework*, *IT Strategy* and financial reporting metrics;
- The Medical Advisory Group consulted with our CEO and senior clinical Staff in the development of FPT's *Research Framework* and *Clinical Governance Framework*;
- The Remuneration and Nominations Committee completed a Board Members' skills audit that showcases FPT's commitment to strategy and good governance; and
- The Education, Training and Health Promotion Committee worked alongside key Staff to identify and prioritise health promotion strategies that support degrees of vulnerability within the Tasmanian community.

The Board commenced a review of our *Strategic Plan* with a focus on building an organisation that is sustainable long-term, to respond to the rapidly changing environment.

The Board does not consider that the current *Strategic Plan* is ineffective, instead it wants to take a proactive approach to further growing the organisation, growth that will be in a controlled and measured way. Whilst the review is still ongoing, the Board has begun to identify a need to invest more to enable FPT to deliver on potential growth strategies, which may in the short-term impact the quantum of surpluses. Our aim is to leverage off our well established areas of expertise to grow and diversify income, whilst continuing to remain a lead agency in the provisions of sexual and reproductive health services.

I would like to thank Staff and fellow Board Members for their continued dedication to Family Planning Tasmania's objectives and for the positive difference they create for Tasmanians.

*Nicholas Abbott*  
*Chair, Family Planning Tasmania*



# CEO's Report

*Family Planning Tasmania plays a lead role in the delivery of reproductive and sexual health services, delivering better health, relationship and wellbeing outcomes to Tasmanians.*

In our *Strategic Plan 2016-2019*, Family Planning Tasmania identified its vision to ensure every Tasmanian has access to information, education and services to support their reproductive and sexual health. To achieve this we play a lead role in developing programs, services and advocate for reforms that foster respectful relationships and improve the reproductive and sexual health of Tasmanians.

Highlights for the year include:

- Greater reach of FPT education programs and clinical services particularly for priority populations
- Improvement of management support structures and systems;
- Submission of a range of grants and tenders to expand the reach and relevance of FPT services;
- Refinement of our health promotion and advocacy approaches including a range of submissions to Government;
- Co-chairing the Tasmanian Sexual and Reproductive Health Collaborative Group; and
- Continued representation in national forums as a non-executive director of the Family Planning Alliance Australia.

## *Our Services*

Providing quality and sensitive services free of charge to vulnerable groups improves access to reproductive and sexual health care. Clinicians and Educators ensure that clients' needs are met and our outreach services (in partnership with agencies) reach people in rural and remote areas. Our data shows that 58% of our services are delivered to clients living in areas in the four lowest Socio-Economic Indexes for Areas (SEIFA) quintiles. More than two thirds of our clinic services were delivered to priority groups with youth being the largest demographic at 43%. FPT prioritise vulnerable people in our community for support including young people, aboriginal people, people on low incomes, culturally and linguistically diverse people and people with additional needs and their carers.

Two significant service developments occurred in the last year. The *FPT Research Framework* will improve the evidence base for services and advocacy. Secondly, our *Clinical Governance Framework* will guide the focus of service provision for our clinics to ensure they remain relevant and accessible.

## *Our People*

Family Planning Tasmania is fortunate to attract skilled, committed and professional health services and education Staff. The 2016 Staff survey indicated great satisfaction with initiatives identified in our *Human Resources Framework*. There are now more opportunities for Staff to come together to share clinical and education expertise across the state. We remain thankful to UTAS for support of FPT state-wide clinic videoconferences.

The new management structure is providing greater support to Staff. The talent pool of Doctors, Nurses and Educators continues to grow through targeted and focussed recruitment. The revised Business Services Manager role is delivering on a range of organisational improvement projects that will ensure our people and processes are technology enabled.

Staff uphold our organisational values and aspirations, participating regularly in meetings designed to enhance our service focus. Our commitment to the Tasmanian community is evidenced through our advocacy approaches to Government and peak bodies, ensuring that Tasmanian's sexual and reproductive health rights are upheld.

## *Our Resources*

Family Planning Tasmania operates from a sound financial foundation. This year 42% of our income was self-generated. We have realised improvements through our *IT Strategy* including new telephony and data capture systems that will generate better informed responses to community health.

In the past year we secured a range of small grants to conduct targeted health promotion. We strengthened our working relationships with other organisations and built our professional networks to improve health and wellbeing outcomes. We maintain a constructive working relationship with our primary funder, the Department of Health and Human Services and regularly partner with community organisations to improve the reach, relevance and quality of our services. We value the partnerships with organisations, communities and individuals that enable us to support better health and wellbeing outcomes.

*Cedric Manen*

*CEO, Family Planning Tasmania*

# Our Board

## *Nick Abbott (Chair)*

Nick joined the Board in 2011. He is General Manager of Page Seager Lawyers and has a strong background in finance, risk management and governance. Nick's previous experience is as a Chief Financial Officer and Company Secretary of a Tasmanian ASX company. Nick is a graduate of the Australian Institute of Company Directors and a member of Chartered Accountants Australia and New Zealand. Nick is a member of the Education, Training and Health Promotion committee.

## *Colin Allen (Deputy Chair)*

Colin joined the Board in 2012 and is Chair of the Finance, Audit & Risk Management Committee. Colin is founding director of his own company providing consulting services in business development, encompassing strategic development, marketing, operations, governance, finances and risk. He has a Bachelor of Business (B.Bus), is a Fellow of the Australian Institute of Company Directors (FAICD) and Member of the Institute of Management Consultants (MIMC) and Australian Institute of Management (AIM).

## *Pauline Camm (Deputy Chair)*

Pauline joined the Board in 2011 and is Chair of the Remuneration and Nomination Committee. Pauline has her own company in the area of strategic people management and has wide-ranging consulting and teaching experience across a range of sectors and age groups.

## *Brent Feike*

Brent joined the Board in 2016. He is Project Director, Information Systems Branch, at the Department of Treasury and Finance and has extensive experience in information systems development, information and communications technology infrastructure and project and knowledge management. More recently Brent held the position of Associate Director, Enterprise Services at the University of Tasmania.

## *Bernadette Jago*

Bernadette joined the Board in 2015 and is a member of the Remuneration & Nomination Committee. She brings with her a wealth of broad and senior level experience, having worked in the public and private sectors both nationally and internationally. Bernadette's other relevant experience relates to her role as the Director of Housing in Tasmania and senior ministerial posts.

## *Joe Mullavey*

Joe joined the Board in 2014. He is currently the Chair of the Medical Advisory Group and is on the Finance Audit & Risk Management Committee. Joe is a solicitor at Page Seager Lawyers. He was admitted as a legal practitioner in 2008 and practices primarily in dispute resolution with a focus on disputes concerning construction and infrastructure projects.

## *Kathryn Hansson*

Kathryn joined the Board in 2015 and is a member of the Education, Training and Health Promotion committee and the Finance Audit and Risk Management committee. She is currently a Business Analyst at CatholicCare Tasmania and has extensive experience in vocational education and training and project and business management. Kathryn has also established and operated two successful small businesses and has a Masters of Marketing.

## *Lea Symonds*

Lea joined the Board in 2012 and is Chair of the Education, Training and Health Promotion Committee. Lea has held senior roles in education and in the corporate sector with large financial institutions and specialist financial advisory services where she worked closely with RACGP, the AMA and the Association of Practice Managers. She recently retired as Australia-Pacific Chief Executive Officer of a global consulting company. Lea specialises in human resources and organisational development and also volunteers at Risdon Prison.



# At a Glance

Family Planning Tasmania provides services to Tasmania's diverse individuals and communities with a focus on vulnerable priority groups.

## WORKING WITH TASMANIANS WHO NEED US

Who are our clients?

88%

### VULNERABLE TASMANIANS

Most of our 11,756 clients are part of one or more vulnerable priority groups\* with 63% belonging to more than one priority group.

YOUTH

43%

7.4%

ABORIGINAL

ON INCOME SUPPORT

health care card or pension card

42%

58%

LIVING IN A LOW SOCIO-ECONOMIC AREA

CULTURALLY AND LINGUISTICALLY DIVERSE

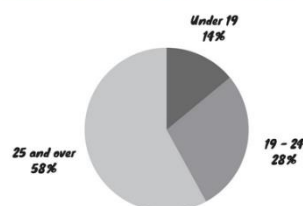
10%

3%

LIVING WITH A DISABILITY – PHYSICAL, INTELLECTUAL OR BOTH

\* Vulnerable priority groups include people who are under the age of 25, transgender, intersex, Aboriginal, born overseas, living with a disability, living in a low income area and/or a rural or remote area.

## WHY DO YOUNG PEOPLE COME TO FPT?



42% of FPT's clients are youth

52% came for contraception



16% were there to have an STI test

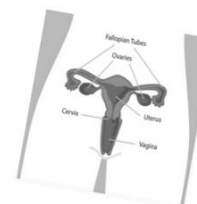
5% were attending because of an unplanned pregnancy



9% were there for cervical screening



10% attended for other gynaecological concerns



# Health Promotion & Advocacy

*Family Planning Tasmania is providing leadership at State and National levels on key issues related to reproductive and sexual health and respectful relationships.*

## *NAPCAN Award for The Growing Up Program*

The Growing Up Program was awarded a NAPCAN Play Your Part Award in recognition of the important role it plays in creating safer, healthier and happier environments for Tasmanian children.

The award highlights the way comprehensive Relationships and Sexuality Education equips young people with skills and knowledge to increase their social and sexual safety.



## *Non-consensual sharing of images*

Family Planning Tasmania regularly works with young people to address the sharing of images with peers and within intimate relationships. This expertise informed a submission to The Australian Government on a proposed civil penalty regime for the non-consensual sharing of intimate images, also known as 'revenge porn' or 'image-based abuse'. In particular, FPT highlighted concerns with the current approach to dealing with sharing of images by or between youth under 18. We identified how the proposed changes could assist in shifting focus to the abusive behaviour, protect and reassure victims of non-consensual sharing of images, and increase reporting.



## *Health Promotion – National Condom Day*

Family Planning Tasmania is implementing its *Health Promotion and Advocacy Framework*. One of the first projects to be informed and measured by this framework was National Condom Day on February 14, 2017. This year we asked Tasmanians *What's your barrier?* to encourage discussions with partners about using barrier protection to prevent Sexually Transmitted Infections (STIs). Health messages were shared via Facebook, radio, print media, an education session at Mary Hutchinson Women's Prison and UTAS O-Week activities. Messages of the campaign were light-hearted, sex-positive and encouraged healthy behaviours and discussion with partners as key ways of overcoming barriers to condom use.



## *SRH Collaborative Group*

Family Planning Tasmania's Chief Executive Officer is co-chair of the Sexual and Reproductive Health Collaborative Group convened by the Department of Health and Human Services. This year FPT provided support in developing the *Tasmanian Sexual and Reproductive Health Strategic Framework* priority outcomes and framework for 2017-2020.



## *Section 18C*

Family Planning Tasmania provided evidence to the Parliamentary Joint Committee on Human Rights regarding Section 18C and the implications of any changes in legislation for people FPT work with. FPT prepared a comprehensive submission and provided the Committee with case studies to demonstrate the impact any changes would have on some of FPT's more vulnerable clients.



## Family Planning Alliance Australia (FPAA)

Family Planning Tasmania play an active role within the nation's peak body in reproductive and sexual health, with CEO Cedric Manen recently taking on the role of Deputy Chair. As a member of the FPAA, FPT have contributed to editing the *Contraceptive Handbook* 4th edition and also the *Australian Medicines Handbook*; updating the *FPAA National Certificate in Reproductive and Sexual Health (Doctor)* and the *FPAA National Certificate in Reproductive and Sexual Health (Nurse)*; and the improvement of clinical governance, course content and training outcomes.



FPT is proud of its representations through FPAA in response to the Global Gag Rule by the US President and securing Australia's forward commitment to women's aid projects across the developing South Pacific region. FPT engaged with a Tasmanian Senator on behalf of FPAA to advocate for women's sexual and reproductive rights. The effect of this representation was confirmation of Australia's commitment to women's health through its foreign aid budget.

*During the year FPT engaged with all sides of government on matters of health and wellbeing for vulnerable Tasmanians. Our representations have informed policy development that has resulted in positive change for the community.*

## Disability Framework Consultation

Family Planning Tasmania provide key support and advocacy for people living with a disability, their families and support staff. FPT made a series of representations to the state-wide *Disability Framework for Action for 2018-2020* consultation.

## Research Framework

Family Planning Tasmania has increased capacity to contribute to policy and programming through our newly developed *Research Framework* which will build the evidence base of the organisation and key stakeholders. The framework provides clear pathways for the assessment of research priorities and partnerships to facilitate research outcomes that will inform service priorities. FPT currently have three studies in progress.



## Budget Priority Statement

Family Planning Tasmania is committed to social justice by ensuring marginalised populations in the state receive affordable and appropriate care, information and support. FPT prepared a comprehensive submission for the 2017 – 2018 State Government budget with a key focus on sexual and reproductive health outcomes for vulnerable Tasmanians. FPT advocated for investment in preventative health strategies such as health promotion, education, regular STI screening and use of Long Acting Reversible Contraception to minimise the downstream costs of primary health care. The submission identified a number of key initiatives that would increase the sexual and reproductive health literacy of the Tasmanian community.

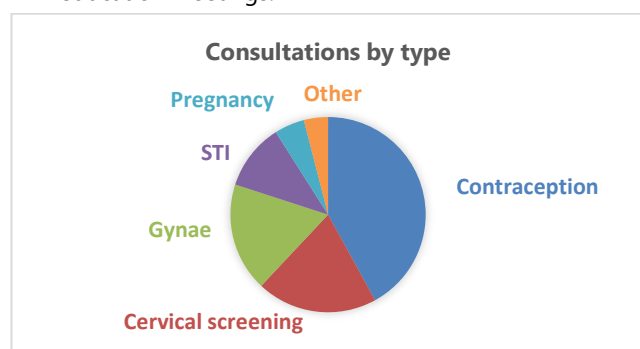
# Clinics

*During the year Family Planning Tasmania's specialist reproductive and sexual health Doctors and Nurses provided 11,756 clinical consultations.*

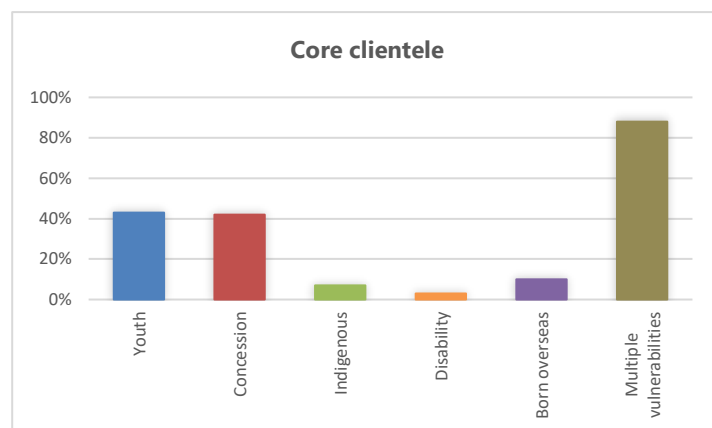
Family Planning Tasmania continues to provide excellent clinical care that is non-judgemental, evidence based and focussed particularly on reaching marginalised and disadvantaged Tasmanians.

Highlights of the year include:

- Improved access to long-acting, reversible contraception (LARC) for Tasmanian women by increasing the number of doctors trained to insert (particularly in regional areas). Intrauterine device (IUD) training is now provided state-wide to the broader GP community;
- Partnership with Merck Sharp Dohme to provide Implanon training to health professionals in regional areas across the state;
- The Burnie clinic now has a team of 4 Doctors supporting the north-west community and for the first time is inserting IUDs;
- The Launceston clinic has been accredited by the Royal Australian College of Physicians to place Sexual Health Registrars and work in collaboration with the Tasmanian Health Service. In a first for Tasmania, FPT is approved to provide the reproductive component of training to local Physicians;
- The Launceston clinic has formed a Women's Health Clinic through collaboration with the Migrant Resource Centre and Primary Health Tasmania for Refugees in the north;
- Implementation of Phase One of the Data Project which includes a more efficient use of technology to capture patient data for reporting and analysis;
- Collaboration with Tazreach to provide a Nurse-led information session to residents of King Island; and
- The use of UTAS facilities and technology to enable face-to-face interaction at clinical governance and education meetings.



In the year 2016-2017 clinics were supported by 35 Doctors, 7 Nurses, 9 Receptionists and 2 Practice Managers.



FPT Staff continue to identify and implement initiatives to improve the effectiveness and efficiency of clinics whilst maintaining the highest possible standard of client care. Progress has been made to consolidate clinical practices and policies to improve client outcomes, including:

- Preparation for the changes to the Cervical Screening Program from 1<sup>st</sup> December, has led to the development of the "Well Woman's Health Check" to be promoted as a 2.5 yearly review of all reproductive and sexual health areas.
- The development of a policy for management and access to medication for treatment of gonorrhea following an increase in presentations from the heterosexual community; and
- Synergy between education and clinic with disability/special needs clients to improve continuity of care and health outcomes.

Family Planning Tasmania's Senior Medical Officer (SMO) continues to collaborate closely with her interstate counterparts ensuring all clinical training resources are appropriate, up-to-date, evidence-based and standardised with those of other Family Planning organisations. During the reporting period the SMO edited a chapter of the *Australian Medicines Handbook* and was editor for a section in the 4<sup>th</sup> Edition *Contraception Handbook*, both nationally recognised resources for reproductive and sexual health.

## Informing Developments in Reproductive & Sexual Health

During the year the *FPT Clinical Governance Framework* has been developed to inform FPT's clinical services in the future.

The Senior Medical Officer (SMO) continues to be part of a long-standing collaboration with Primary Health Tasmania (PHT) to develop women's health pathways. The SMO will provide education to Tasmanian health professionals to align with new cervical screening protocols.

The SMO actively works with her interstate colleagues on the national *Doctors Sexual and Reproductive Health Certificate* and also works to provide education to Tasmanian health care practitioners on LARC.

### Links to research

Family Planning Tasmania is now implementing its *Research Framework* focusing on three research priorities in partnership with UTAS and PHT.

#### Implanon Research

Data collected by FPT clinicians is being analysed to examine rates and reasons for discontinuation of Implanon use. This research will inform clinical practice by considering predictive factors for early removal of Implanon and mitigations.

#### Chlamydia Research

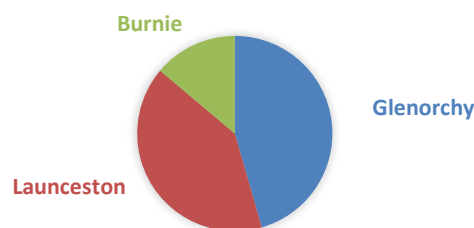
FPT is evaluating the effectiveness of FPT's current practice of recalling clients with a positive chlamydia result at three months, in reducing infection rates.

#### Termination Services

FPT is undertaking ethics approval to research barriers to women accessing termination services in Tasmania. The proposed study will survey GPs and women in the community about current knowledge and barriers to accessing termination of pregnancy services.

*I felt respected, comfortable and at ease from the moment I walked in the door by the Nurse and practice as a whole. I have two daughters in their 20s, and have recommended FPT to them and all of their friends. Thank you for making me feel comfortable and for providing a safe and happy environment.*

Occasions of service by site



## Professional Education and Training

Family Planning Tasmania Doctors and Nurses provided 895 hours of onsite clinical supervision and training for:

- Practical training and assessment of Doctors and Nurses as part of the *FPAA Sexual and Reproductive Health Certificate*;
- General Practice Training Year 3 Registrar Extended Skills Placements;
- Observation sessions for Year 3 & 4 UTAS Medical Students for their professional experience placement;
- Clinical training of nurses as part of a nationally-accredited cervical screening program;
- IUD insertion training – theory workshops and practical training clinics for Doctors and Nurses.

## Outreach Clinics

During 2016-2017 Family Planning Tasmania continued to provide clinical outreach services in partnership with organisations to meet the needs of our priority population groups:

- Doctor and Nurse clinic at SETAC Cygnet, working within rural and remote communities with a focus on Tasmanian Aboriginal people;
- Family Planning Tasmania Nurse clinic at Huonville High school;
- Doctor clinic at Mary Hutchison Women's Prison;
- Doctor clinics in Glenorchy run cooperatively with Pulse Youth Health Service and focusing on young people; and
- Well Women's Clinics in the regional areas of St Helens, Flinders Island and Campbell Town.

# Education & Training

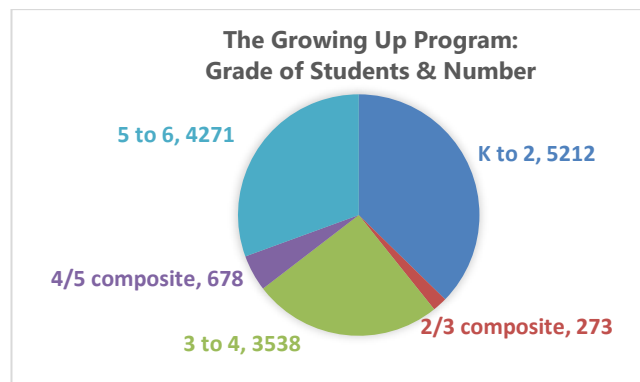
Family Planning Tasmania design and deliver best practice relationships and sexuality education, working with children and young people state-wide. We facilitate highly valued professional development workshops for education, health, disability, youth and community workers.

## Growing Up Program

This year, *The Growing Up Program* (GUP), reached an astounding 13,972 students in schools across Tasmania. Growth of 83% (compared to the previous financial year) demonstrates FPT's significant investment in Staff training and curriculum development.

FPT Educators are skilled at providing age appropriate information to students to equip them with skills and knowledge for health and wellbeing as they grow.

Family Planning Tasmania also helps parents understand the changing needs of children, tweens and teens, through the delivery of parent sessions to support GUP programs. Eighty sessions to 555 parents were delivered this year, addressing questions and concerns about puberty, sexualisation, and how young people are using technology.



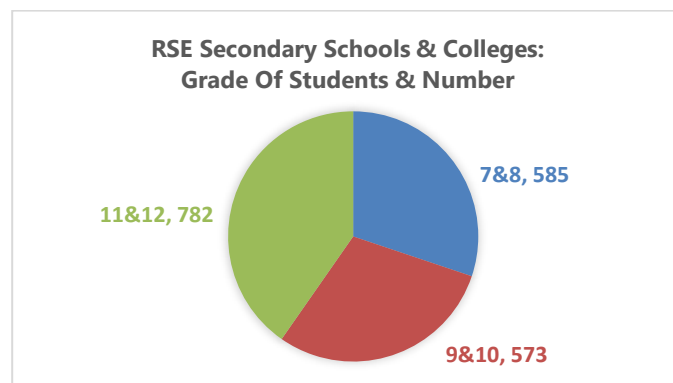
### GUP feedback:

- The (students) felt very comfortable to ask questions on all aspects of the topics covered – things that they might never have brought up in the general class situation
- This tied in well with the curriculum
- The Educator really read the needs of my students perfectly and answered their questions matter-of-factly and sensitively.

## Secondary Schools & Colleges

Family Planning Tasmania is also making an impact in secondary and college settings with almost 2,000 young people attending 52 education sessions delivered by FPT Staff.

This year we have seen increased collaboration between education and clinical services to increase the sexual and reproductive health knowledge of Tasmanian Youth. This has meant more education and health promotion sessions being delivered by our talented nursing Staff. This provides a great link to facilitate access to our clinical services by young people.



In the greater Launceston area, FPT worked collaboratively with other organisations to deliver sexual and reproductive health information as part of Party Safe programs targeting school leavers.

## RSE Portal

Family Planning Tasmania's free, online Relationships and Sexuality Education Portal was officially launched by Deputy Premier and Minister for Education and Training, Hon Jeremy Rockliff MP on September 16, 2016.

The RSE Portal has strong support from the Department of Education and provides school staff with tools and resources for the implementation of a whole school approach to RSE which is mapped to The Australian Curriculum from Foundation to Year 10.



## Disability and Additional Needs

Family Planning Tasmania continues to provide specialised and trusted services to clients, family and staff in the disability sector. The cooperation between Family Planning Tasmania's education and clinical services to assist clients with additional needs is a core strength.

This year FPT provided 188 individual education or intervention sessions for clients with additional needs. Education sessions address a broad range of respectful relationships and reproductive and sexual health topics.

FPT continue to see demand to work with people with additional needs and their family, carers and support staff to address problem sexual behaviours or sexually abusive behaviours. In one-to-one client work, 30% of sessions provided were an intervention. Services are now provided in Launceston.

## Professional Learning

Family Planning Tasmania continues to deliver programs and professional learning to education and service organisations to improve their capacity to support the Tasmanian community.

This year FPT worked with a range of professionals including disability support workers; school nurses; teachers and teacher assistants; early childhood workers; and Aboriginal Health Workers.

The professional learning workshops provided this year include:

- *SoSAFE!*: Visual and Conceptual Tools for Promoting Social Safety: 81 participants;
- Sexual Health for Aboriginal Health Worker Trainees: 10 participants;
- Disability and Sexuality: 40 participants;
- Personal Hygiene and Protective Behaviours (Disability): 8 participants;
- Social Safety and Childhood Sexual Development (Early Childhood): 51 participants;
- Relationships and Sexuality Education (school nurses): 8 participants; and
- FPT Services (Public Guardian and DHHS): 15 participants.

### *SoSAFE! feedback:*

- *Brilliant training, learnt so much and now have more confidence to empower and protect my participants.*
- *(The facilitator was)... very knowledgeable and engaging, obtained great tools to implement.*
- *As a first year teacher, this course was very valuable and has allowed me to feel much more confident in my role as a teacher at a special education school.*

## YNOT – Youth Conference

Family Planning Tasmania presented to a group of young people aged between 12 and 16 at the Youth Network of Tasmania's Tasmanian Youth Conference.

The 70-minute presentation was titled: Sex Online and addressed the following: Is everyone sexting? Is everyone watching porn? Is everyone even having sex?

In this session, 25 youth discussed: respectful relationships online; sexual risk taking, sexting and pornography; and finding accurate relationships and sexual health information online.

FPT's presentation was an opportunity to increase young people's knowledge and skills for safely enjoying the online world and also inform FPT services regarding Tasmanian youth experience of sexting and pornography education. The session was interactive and involved the participants documenting their thoughts and experiences. The session highlighted to FPT the need for more teachers to be addressing these topics in RSE rather than simply in cyber safety education.

### *School Nurse Professional Learning Feedback*

- *Thank you – today was excellent. Really engaging facilitators*
- *Great session*
- *The most useful part of the program: new technologies, attitudes, values and how to remove things from the internet, sexual continuum, consent*

# Finance Report

*Family Planning Tasmania Incorporated delivered an operating surplus of \$64,066 for the year ended 30 June 2017 (compared to a surplus of \$170,307 last year).*

Family Planning Tasmania is a leader in the not-for-profit sector, remaining lean and agile while delivering efficient and effective statewide programs and services to vulnerable and disadvantaged Tasmanians.

Family Planning Tasmania continues to deliver modest surpluses with operating turnover exceeding \$2,000,000 for the last few years. Over 80% of revenue is invested in our Staff via salaries, delivering much-needed reproductive and sexual health programs and services statewide.

The organisation has a strong balance sheet, positive cashflow and appropriate financial controls are in place and actively monitored.

The principal activities of the Association during the financial year were:

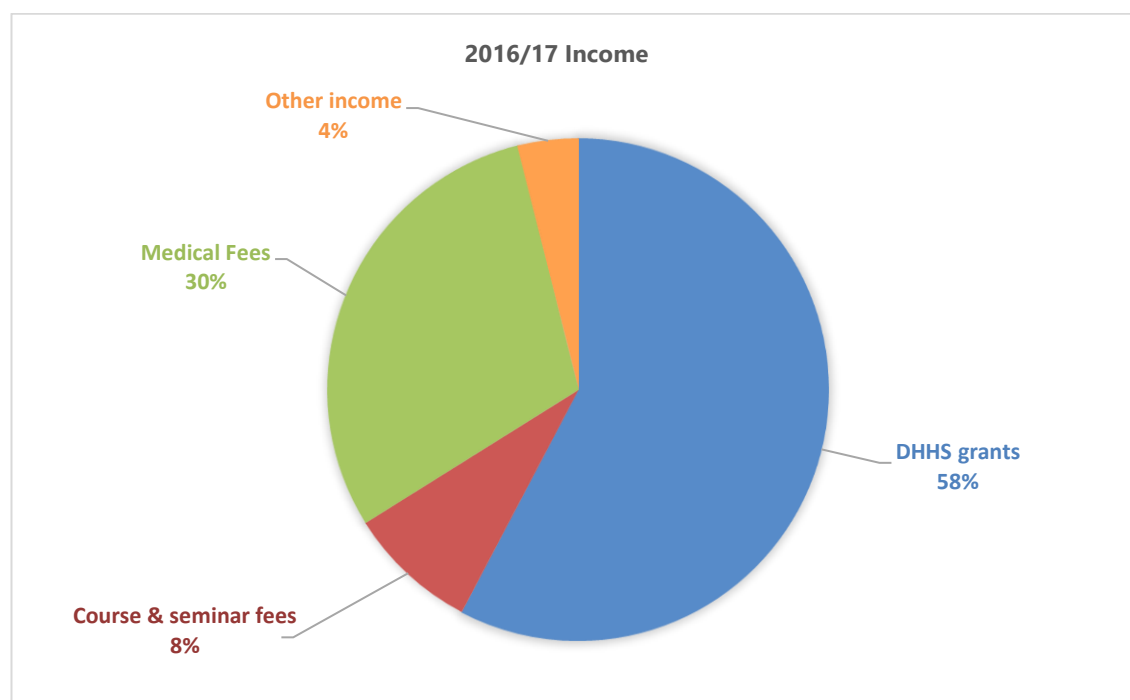
- Provision of facilities for the delivery of sexual and reproductive health services.
- Promotion of sexual and reproductive health clinic services.
- The promotion of education and training services in the area of sexual and reproductive health.

Following are the highlights for the year ended 30 June 2017:

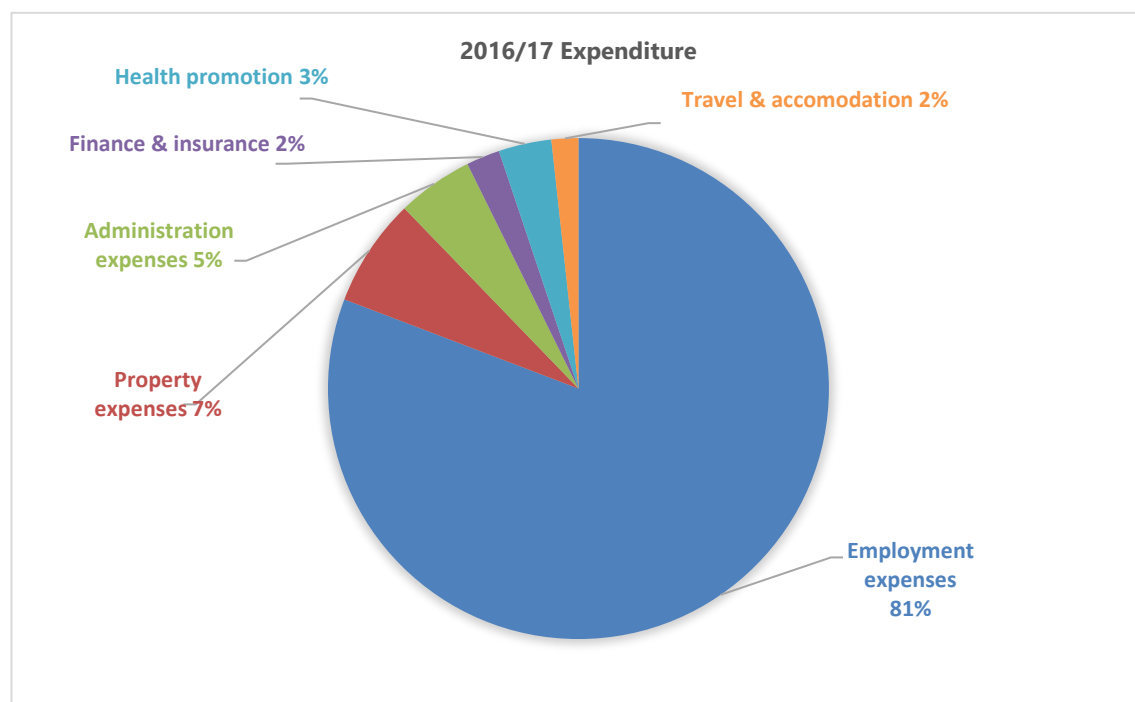
- Executed a three year funding agreement with Department of Health & Human Services for delivery of core services;
- Received ad hoc grants for targeted health promotion activities;
- Increased demand for The Growing Up Program;
- Implementation on new statewide telecommunications system delivering efficiencies, particularly in the three clinics;
- Provided Staff with a pay increase in accordance with the *Family Planning Tasmania Enterprise Agreement 2015*;

A full version of our financials are available on the ACNC website.

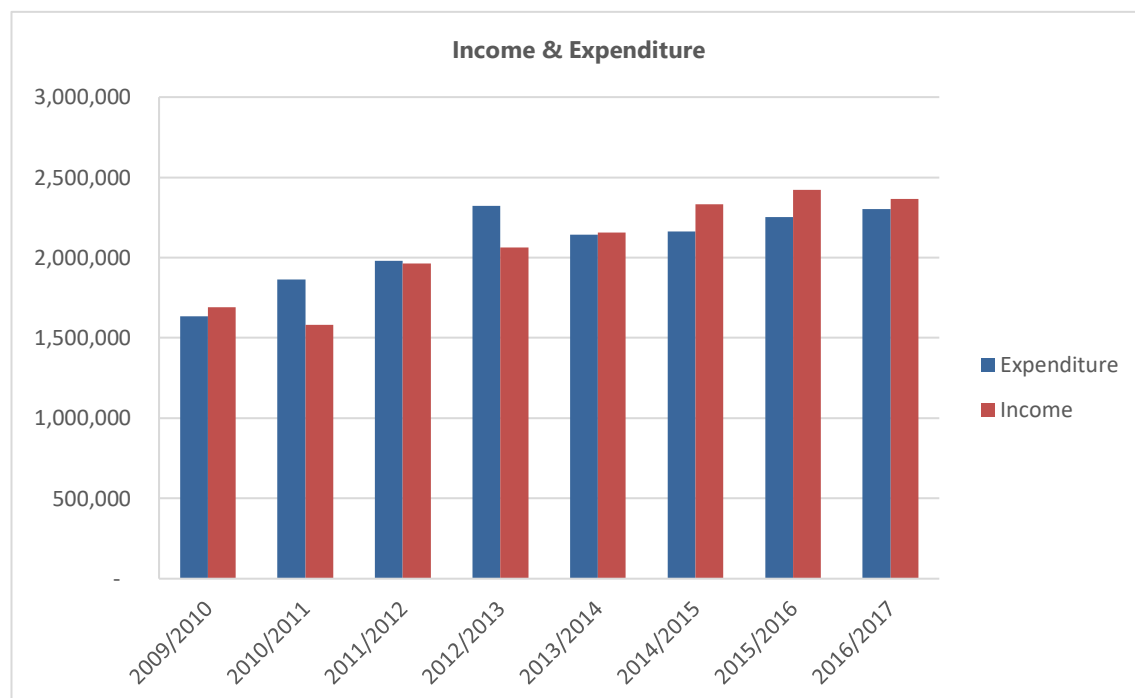
The following chart shows the main sources of income during the financial year.



The following chart shows the main operating expenses during the financial year.



The following chart compares income and expenditure for the last eight years.



# Strategic Plan 2016-2019

We are guided by a range of strategic priorities to improve health and wellbeing outcomes for Tasmanians.

*Our* **VISION** - Every Tasmanian has access to information, education and services to support their reproductive and sexual health

*Our* **MISSION** – To lead programs, services and advocate reforms that will foster respectful relationships and improve the reproductive and sexual health of Tasmanians

*We deliver* **COMMUNITY OUTCOMES** *that*

- Increase access to a full, safe and effective range of reproductive and contraceptive options
- Reduce rates of unplanned teenage pregnancy
- Reduce rates of sexually transmitted infections
- Increase age-appropriate reproductive and sexual health literacy
- Increase access to information, training and education to support respectful relationships
- Improve health promotion and advocacy that benefit relationships, and the reproductive and sexual health of Tasmanians

*Our* **DELIVERY STRUCTURE** *includes a focus on*

Clinics

Education and training

Health promotion and  
advocacy

Management and  
governance

*Our* **VALUES** *are demonstrated through*

Excellence

Equity and equality

Integrity

Collegiality

*Our* **STRATEGIC ENABLERS** *include*

## People:

- Human resources framework that empowers and develops Staff
- Community engagement and health promotion built on consultation
- Service culture of excellence and innovation based on practice and evidence

## Resources:

- Asset management that supports sustainable services
- Information technology that supports knowledge management, research and best practice
- Financial resources that enable reinvestment in programs and services to build long-term sustainability

## Services:

- Expertise and reach of clinical and educational services
- Community empowerment through education, information and advocacy
- Partnerships that achieve our vision and mission



# Our Life Members

Jean Perkins	1975
Dr Valerie Davenport	1979
Prof Colin Wendell-Smith AO	1981
Sue Williams	1982
Dr Eric Cunningham-Dax	1985
Pat Hewitt/Mavromatis	1985
Jill Roberts	1986
Topsy Evans	1989
Jean Hearn	1992
Dr Helen Cutts	1993
Helen Fotheringham	1994
Jan von See	1995
Nancy Jiracek	1996
Dr Graeme Riddoch	1996
Jo Crothers	1996
Prue Lake	1997
Nick Toonen OAM	2000
Margot Kingston	2002
Dr Pauline Carruthers	2002
Paul Duncombe	2004
Helen Bird	2006
Esme Murphy	2010
Dr Christine Bush	2012
Virginia Thorold-Smith	2012
Joan Dolbey	2013
Professor Ian Lewis AO	2014
Julie Downie	2015
Liz Ling	2016

## *2016 Life Member Profile – Liz Ling*

Liz Ling began with Family Planning Tasmania as a receptionist in Launceston in 1983 and she worked tirelessly until retirement in 2015.

For 32 years, Liz helped Launceston clients feel welcome and at ease. Her warm, open and caring nature meant that thousands of clients over the years were welcomed and treated with dignity and respect.

Liz started as an employee of Family Planning Tasmania when it was situated in Civic Square in Launceston. She played an integral role in the planning, development and ultimate move to the current building in Wellington Street, Launceston.

As the first point of contact in the Launceston office, Liz welcomed thousands of clients over the phone and through the clinic during her tenure. As a strong advocate for clients, Liz demonstrated Family Planning Tasmania's values of equity and equality, excellence, integrity and collegiality.

During her tenure at FPT, Liz was able to demonstrate strong commitment to her duties and the organisation by juggling a range of administrative tasks in a proficient and courteous manner. Her commitment and loyalty to the organisation is evident through her 32 years of service.



Why do young people 'sex' if they know the risks?

Bit of fun

They don't think twice about what could happen

Fun or pleasure

can give you a sense of power

Unable to connect in person

pressure

Makes them feel good about themselves

They look good

Why do young people look at porn?



social acceptance

easy access

to learn about sex

curious when they reach puberty

Because their partners want to

can't find a relationship

addicted

hormones, boredom, stressed



- Respectful relationships online
- Sexual risk taking, sexting and pornography.
- Finding accurate relationships and sexual health information online

Where do you learn about love, intimacy & pleasure?



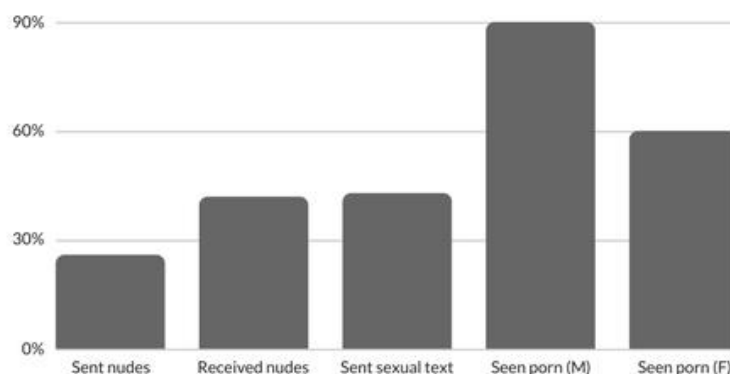
online

experience

a trustful person

social interaction

## Youth, sex and tech

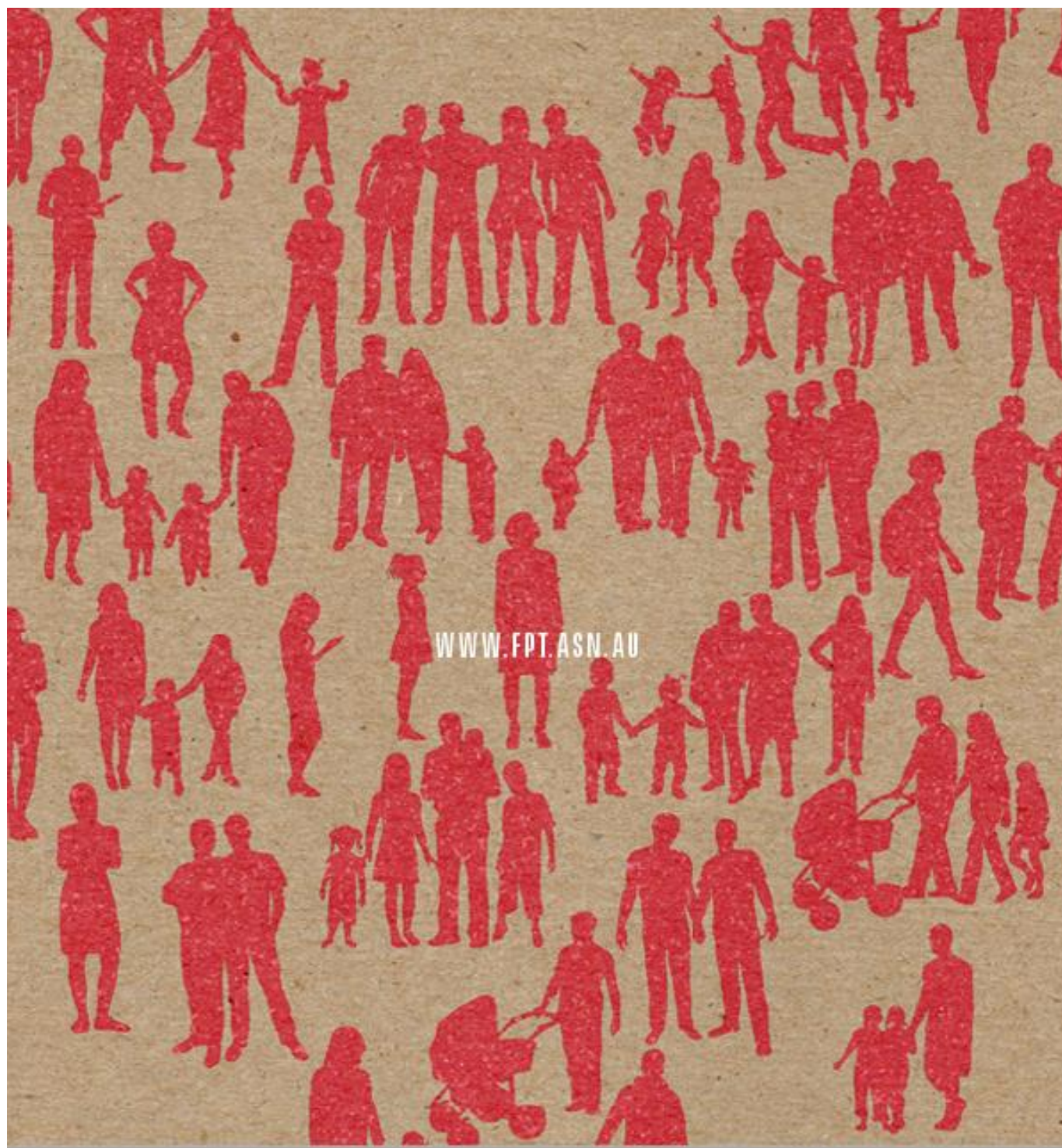


## References

Anne Mitchell, Kent Patrick, Wendy Heywood, Pamela Blackman, Marian K Pitts. National Survey of Australian Secondary Students and Sexual Health 2013, La Trobe University  
[www.itstimewetalked.com.au](http://www.itstimewetalked.com.au)







### Education enquiries

For training and education enquiries please email us.  
**HOBART** [edinfo@fpt.asn.au](mailto:edinfo@fpt.asn.au)

### Appointment enquiries

Please call one of our clinics below to make an appointment.

#### **GLENORCHY – HOBART**

421 Main Road,  
Glenorchy TAS 7010  
Phone: (03) 6273 9117  
Email: [info@fpt.asn.au](mailto:info@fpt.asn.au)

#### **LAUNCESTON**

269 Wellington Street,  
Launceston, 7250  
Phone: (03) 6343 4566  
Email: [lton@fpt.asn.au](mailto:lton@fpt.asn.au)

#### **BURNIE**

1 Pine Avenue,  
Upper Burnie, 7320  
Phone: (03) 6431 7692  
Email: [burnie@fpt.asn.au](mailto:burnie@fpt.asn.au)



**Family Planning Tasmania**  
sexuality education & clinical services